



**On March 3, 2017
Senior Pastor
Rev. Bryan Downs
survived a heart
attack.**

***He is back to preaching
most Sundays now.***

Please read below for his testimony of how God brought him through all of this with the love and assistance of friends, family & church family:

“I had no previous diagnosis except high cholesterol and THOUGHT that my chest pains were from acid reflux (as the doctor told me), my occasional dizziness was from a balance problem and my exhaustion was normal. But on this particular day I realized that I was dizzy for about the 5th time that month & my weariness was not letting up. So I ran upstairs and took an aspirin, just in case, followed by eating some Tums for the acid reflux. But I had more pain, started sweating for no reason and felt like I was having a panic attack. Google told me these were symptoms but I still thought, ‘No, I don’t have a heart problem.’” So I was going to lay down on the floor to take a nap when a complete thought came into my head, “Call Cathy the neighbor; she’s a nurse; get her to take your blood pressure and call the ambulance if she says so.” I called her for the 2nd time in 8 years and gasped, ‘Heart’ and staggered out my front door. Long story short, I was having a heart attack, 99% blockage of my LAD (the widow maker). Cleared in 51 minutes! But God ordained events: an ER nurse was passing by and jumped in and phoned the heart team, the heart surgeon was on his way home and already through rush hour traffic and so on... Thank you, GOD, I look forward to seeing Your purpose in all of this. I also like to thank those who helped, cooked or visited: Cathy, Dawn, Chad, Jennifer W + the man on the ambulance, Rachel, Laure, Doug, Mike, Dr. Olaf & his team, JD & Karen, Gary & Marion, Bowers, Sutch’s, Mary, Scott & Missy & the rest of my church family & my brother Keith (Donna, Denise, Ariana) and the rest of his family (Janice, Roy, Aaron, Shelby & Tony & Jesse) & the MV Healthplex Heart Rehab Team (Carla, Kara, Ken). & TY everyone else who was there & praying!